



ABOUT US

APPLEWOOD POST-ACUTE is a 51-bed skilled nursing facility located in Sacramento. Our team of qualified professionals helps patients recover from surgery, injury or serious illness.

We understand the importance of creating a comfortable and nurturing atmosphere, whether our patients are here for short-term treatment or long-term care.

**WE ACCEPT ADMISSIONS
24 HOURS A DAY
7 DAYS A WEEK**

CONTACT US

You can be confident when choosing **APPLEWOOD POST-ACUTE** that we will strive to provide you or your loved one with excellent care during your stay at one of the highest rated facilities in the area.



www.ApplewoodPostAcute.com

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FOUR-STAR MEDICARE RATING



APPLEWOOD

POST-ACUTE



**24 HR. SKILLED NURSING
& REHABILITATION**

INTRODUCTION

At **APPLEWOOD POST-ACUTE** our culture is guided by our commitment to provide a unique care experience.

We strive to deliver quality outcomes and unparalleled hospitality and service to our guests. Our staff take initiative to go above and beyond to delight our residents, guests and fellow team members. We take pride in enhancing the patient experience and contributing to the health and well-being of our community.



THERAPY SERVICES

Our experienced therapy team is committed to providing superior physical, occupational and speech therapy in an environment conducive to healing. Patients are empowered through customized programs to work toward restoring maximum functionality, independence and ability following hospitalization.

Our therapy services include:

- Orthopedic and neurological rehabilitation
- Chronic pain management
- Stroke recovery
- Strength training and conditioning
- Increased Mobility
- Coordination and balance
- Injury and fall prevention
- Safety awareness

NURSING SERVICES

We provide 24-hour skilled care and rehabilitation services in a comfortable and family-friendly environment. Our team works together with the patients and their family members to determine the optimal treatment plan for each situation.

We offer comprehensive clinical disciplines that include:

- IV therapy
- Wound care
- Pain management
- Cardiac wellness and stroke rehabilitation
- Nutrition & hydration programs
- Diabetic management & education
- Restorative nursing
- Coordinated care from medical director and director of nurses

ACTIVITY PROGRAM

We create positive and uplifting social programs and customized activities to match patient needs and capabilities.

Specific activities can include:

- Musical performances
- Fitness activities
- Stretching exercises
- Religious meetings
- Outside entertainment
- Trivia & history
- Gardening
- Group Activities